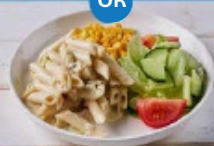
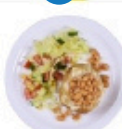


AUTUMN/WINTER 2026 MENU

02/11/2026, 23/11/2026, 14/12/2026, 04/01/2027, 25/01/2027,
15/02/2027, 08/03/2027

WEEK 1

2020 Menu					
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	 Cheese and Tomato Pizza with Nut-Free Pesto Pasta   	 Sweet Potato & Lentil  Curry   with Wholegrain Rice 	 Cheese and Onion Pie with Roast Potatoes  	 Veggie Meatball Baguette with Potato Wedges   	 Quorn Dippers with Chips   
Option 2	 Creamy Garlic Pasta   	 Pork Sausages with Mashed Potato and Gravy 	 Roast Chicken with Roast Potatoes, Stuffing and Gravy 	 Beef Lasagne with a Garlic Doughball   	 Fish Fingers with Chips 
Option 3	 Jacket Potato with BBQ Beans 	 Tomato Pasta   Fresh, homemade Tomato Sauce with Penne Pasta 	 Jacket Potato with Beans 	 Tomato Pasta   Fresh, homemade Tomato Sauce with Penne Pasta 	 Jacket Potato with Cheese 
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DESSERT	  Lemon Cookie   with fresh fruit slices	 Lemon Cake	 Apple Crumble with Custard  	 Chocolate Marble Cake	 Chocolate Ice Cream

 **Vegetarian**
 **Nutritionist's Choice**

 **Vegan**

 **Oily Fish**

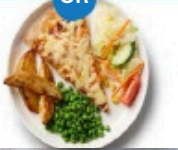
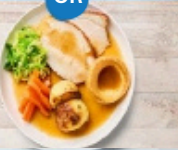
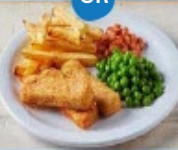
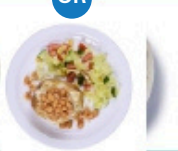
 **Fruity!**

 **Wholegrain**

AUTUMN/WINTER 2026 MENU

09/11/2026, 30/11/2026, 21/12/2026, 11/01/2027, 01/02/2027,
22/02/2027, 15/03/2027

WEEK 2

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	 Spicy Tomato Pasta Bake with a Garlic Doughball V 🌿	 Chinese Vegetable Rice V 🌿 🍷	 Quorn Roast with Potatoes, Yorkshire Pudding and Gravy V 🍷	 Beany Pasta Bake V 🌿 🍷	 Quorn Dippers with Chips VE V 🍷
Option 2	 Cheese and Tomato Pizza with Nut-Free Pesto Pasta V 🌿	 Cheeseburger with Herby Diced Potatoes	 Roast Pork with Potatoes, Yorkshire Pudding and Gravy 🍷	 Hunter's Chicken with Potato Wedges	 Fish Fingers with Chips
Option 3	 Tomato Pasta V 🌿 Fresh, homemade Tomato Sauce with Penne Pasta	 Jacket Potato V with Cheese and Coleslaw	 Tomato Pasta V 🌿 Fresh, homemade Tomato Sauce with Penne Pasta	 Jacket Potato V with BBQ Beans	 Tomato Pasta V 🌿 Fresh, homemade Tomato Sauce with Penne Pasta
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DESSERT	 Chocolate Cookie V with fresh fruit slices	 Lemon Emerald Cake	 Apple and Berry Crumble with Custard 🍏 🍷	 Chocolate Fudge Cake	 Strawberry Ice Cream

V Vegetarian VE Vegan

🐟 Oily Fish

🍏 Fruity!

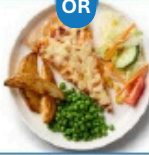
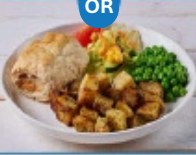
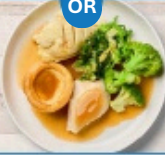
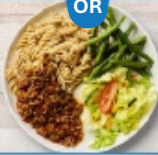
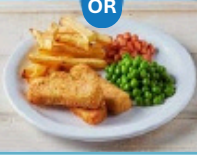
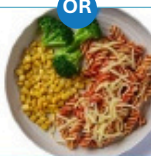
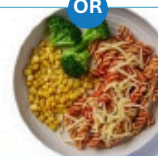
🌿 Wholegrain

🍷 Nutritionist's Choice

AUTUMN/WINTER 2026 MENU

16/11/2026, 07/12/2026, 28/12/2026, 18/01/2027, 08/02/2027,
01/03/2027, 22/03/2027

WEEK 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Option 1	 Red Pepper and Nut-Free Pesto Spaghetti V	 Chinese Vegetable Noodles V	 Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy V	 Macaroni Cheese V	 Quorn Dippers with Chips VE
	OR	OR	OR	OR	OR
Option 2	 Cheese and Tomato Pizza with Nut-Free Pesto Pasta V	 Homemade Pork Sausage Roll with Herby Diced Potatoes OR	 Roast Chicken with Mashed Potatoes, Yorkshire Pudding & Gravy OR	 Beef Bolognese with Wholewheat Pasta OR	 Fish Fingers with Chips OR
Option 3	 Jacket Potato with BBQ Beans V	 Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V	 Jacket Potato with Cheese V	 Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta V	 Jacket Potato with Cheese V
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
DESSERT	 Oat Cookie with fresh fruit slices V	 Banana Cake	 Chocolate and Pear Slice Fruity!	 Chocolate Sponge with Chocolate Custard	 Vanilla Ice Cream

V Vegetarian
Nutritionist's Choice

VE Vegan

Oily Fish

Fruity!

Wholegrain